



1-800-551-1940

Des Moines Market Area: Clarke, Decatur, Lucas, Taylor, Union and Wayne counties

Local Channels are included in all packages.

Channel # | Network

| | | | | | |
|----|-------------------------------|----|----------------------|------|--------------------|
| 5 | WOIDT 5 (ABC HD) | 17 | KDSM 17 (FOX HD) | 56 | KDMI 56 (TCT HD) |
| 6 | WOIDT2 (Laff TV) | 18 | KDSMDT2 (Comet) | 57 | KDMIDT2 (Light TV) |
| 7 | KCCIDT3 (H & I) | 19 | KDSMDT3 (Charge!) | 1005 | WOI 5 (ABC) |
| 8 | KCCI 8 (CBS HD) | 20 | KDINDT4 (PBS Create) | 1008 | KCCI (CBS) |
| 9 | KCCIDT2 (MeTV) | 22 | KCWIDT2 (Escape)* | 1011 | KDIN 11 (PBS) |
| 10 | KDINDT2 (PBS Kids)* | 23 | KCWI 23 (The CW-HD) | 1013 | WHO 13 (NBC) |
| 11 | KDIN 11 (PBS-HD) | 24 | KCWIDT3 (Bounce)* | 1017 | KDSM 17 (FOX) |
| 12 | KDINDT3 (PBS World) | 25 | WOIDT4 (GritTV) | 1023 | KCWI 23 (The CW) |
| 13 | WHO 13 (NBC HD) | 26 | KCWIDT 4 (Quest)* | 1039 | KFPX 39 (ION) |
| 14 | WHODT2 (IOWA WEATHER CHANNEL) | 39 | KFPX 39 (ION HD) | 1056 | KDMI 56 (TCT) |
| 15 | WHODT3 (Antenna TV) | 40 | KFPXDT2 (Qubo) | | |
| 16 | WOIDT3 (Cozi TV) | 41 | KFPXDT3 (ION Life) | | |

Premium Channels can be added on to any package.

| HD# | SD# | Starz – \$12/mo. | HD# | SD# | HBO – \$20/mo. | HD# | SD# | Cinemax – \$14/mo. |
|-----|------|---------------------|-----|-----|----------------------|-----|-----|--------------------|
| 708 | 1708 | Starz | 730 | | HBO East†# | 744 | | Max East†# |
| 709 | 1709 | Starz Cinema | 731 | | HBO West†# | 745 | | Max West†# |
| 710 | 1710 | Starz Comedy | 732 | | HBO 2 East†# | 746 | | MoreMax East†# |
| 711 | 1711 | Starz Edge | 733 | | HBO 2 West†# | 747 | | MoreMax West†# |
| 712 | 1712 | Starz In Black | 734 | | HBO Signature East†# | 748 | | ActionMax East†# |
| 713 | 1713 | Starz Kids & Family | 735 | | HBO Signature West†# | 749 | | ActionMax West†# |
| | | | 736 | | HBO Family East†# | 750 | | ThrillerMax East†# |
| | | | 737 | | HBO Family West†# | 751 | | ThrillerMax West†# |
| | | | 738 | | HBO Latino East†# | 752 | | MovieMax†# |
| | | | 739 | | HBO Latino West†# | 753 | | Max Latino†# |
| | | | 740 | | HBO Comedy East†# | 754 | | 5-StarMax†# |
| | | | 741 | | HBO Comedy West†# | 755 | | OuterMax†# |
| | | | 742 | | HBO Zone East†# | | | |
| | | | 743 | | HBO Zone West†# | | | |

Sports Package † : (NFL Network, Outside TV, Fox College Sports, Fantasy Sports, Fight Network, & NFL RedZone, ESPN Goal Line/Bases Loaded, Fox Sports Detroit, Fox Sports North, Fox Sports South, Fox Sports Southeast, Fox Sports Southwest. (Depending on DMA all channels may not be available.)

Add on to Select and Prime for \$8.99 or Total for \$5.99

Prime Package \$101.99/mo.

| | | | | | | | | |
|-----|------|---------------------------------|-----|------|-----------------------------|-----|------|-------------------------|
| 80 | 1080 | Home Shopping Network | 304 | 1304 | Investigation Discovery | 429 | 1429 | WGN America |
| 81 | 1081 | Jewelry TV | 305 | 1305 | Discovery Science | 430 | 1430 | IFC# |
| 82 | 1082 | QVC | 306 | 1306 | Food Network | 432 | 1432 | We tv# |
| 90 | 1090 | EWTN | 308 | 1308 | RECIPE.TV | 434 | 1434 | OWN |
| 91 | 1091 | Inspiration Network* | 309 | 1309 | HGTV | 436 | 1436 | Grit |
| 92 | 1092 | TBN (Trinity Broadcast Network) | 312 | 1312 | TLC | 437 | 1437 | CourtTV |
| 94 | 1094 | The Word Network* | 314 | 1314 | History Channel | 504 | 1504 | TV One |
| 95 | 1095 | SonLife | 318 | 1318 | Nat Geo | 506 | 1506 | Bounce |
| 96 | 1096 | Daystar | 319 | 1319 | Nat Geo WILD | 507 | 1507 | Laff |
| 101 | 1101 | The Weather Channel | 320 | 1320 | PETS.TV | 508 | 1508 | Escape |
| 102 | 1102 | C-SPAN | 322 | 1322 | Travel Channel | 600 | 1600 | ESPN |
| 103 | 1103 | C-SPAN 2 | 323 | 1323 | MY DESTINATION.TV | 601 | 1601 | ESPN2 |
| 104 | 1104 | C-SPAN 3 | 400 | 1400 | GSN (Game Show Network) | 602 | 1602 | ESPNU |
| 105 | 1105 | CNN | 401 | 1401 | E! Entertainment | 603 | 1603 | ESPNews |
| 106 | 1106 | HLN (Headline News) | 402 | 1402 | ES.TV | 605 | 1605 | Golf Channel |
| 107 | 1107 | CNN International* | 403 | 1403 | Bravo | 606 | 1606 | NBC Sports |
| 108 | 1108 | CNBC | 404 | 1404 | A&E | 608 | 1608 | Outdoor Channel |
| 109 | 1109 | MSNBC | 405 | 1405 | AWE | 610 | 1610 | SEC Network |
| 110 | 1110 | FOX Business Network | 406 | 1406 | CARS.TV | 611 | 1611 | SEC Network ALT |
| 111 | 1111 | FOX News | 409 | 1409 | Justice Central | 612 | | Velocity HD† |
| 113 | 1113 | One America News | 410 | 1410 | SyFy | 613 | 1613 | Fox Sports 1 |
| 114 | 1114 | BBC World News# | 412 | 1412 | COMEDY.TV | 614 | 1614 | Fox Sports 2 |
| 120 | 1120 | Bloomberg | 413 | 1413 | AMC# | 615 | 1615 | Fox Sports Midwest |
| 200 | 1200 | Boomerang* | 414 | 1414 | FX Movie Channel | 616 | 1616 | Fox Sports Midwest Plus |
| 201 | 1201 | Cartoon Network | 415 | 1415 | FX Network | 617 | 1617 | Fox Sports North |
| 202 | 1202 | Disney Channel | 416 | 1416 | FXX | 618 | 1618 | Fox Sports North ALT |
| 203 | 1203 | Disney Junior | 417 | 1417 | Hallmark Channel | 619 | 1619 | Big Ten Network |
| 204 | 1204 | Disney XD | 419 | 1419 | Lifetime Movie Network | 620 | 1620 | Big Ten Alt 1 |
| 206 | 1206 | Cowboy Channel (Family Net) | 421 | 1421 | Lifetime | 621 | 1621 | Big Ten Alt 2 |
| 208 | 1208 | Universal Kids | 422 | 1422 | Oxygen | 623 | 1623 | NBC Sports Chicago |
| 209 | 1209 | RFD TV | 424 | 1424 | TBS | 624 | 1624 | NBC Sports Chicago+ |
| 210 | 1210 | Freeform (ABC Family) | 425 | 1425 | TNT | 625 | 1625 | Olympic Channel |
| 300 | 1300 | Animal Planet | 426 | 1426 | Tru TV | 626 | 1626 | CBS Sports Network |
| 301 | 1301 | Discovery Channel | 427 | 1427 | TCM (Turner Classic Movies) | 630 | 1630 | Tennis Channel |
| | | | 428 | 1428 | USA | | | |

Green print indicates watchTVeverywhere is available. | # Indicates Restart TV not Available | * Indicates SD-only channel | † Indicates HD-only channel



Available Through



GRM
NETWORKS®

1-800-551-1940

Des Moines Market Area: Clarke, Decatur, Lucas, Taylor, Union and Wayne counties

Total Package \$114.99/mo.

| | | | | | | | | |
|-----|------|---------------------------------|-----|------|------------------------------|-----|------|-------------------------|
| HD# | SD# | Network | 310 | 1310 | DIY | 431 | 1431 | Sundance# |
| 80 | 1080 | Home Shopping Network | 311 | 1311 | FYI | 432 | 1432 | We tv# |
| 81 | 1081 | Jewelry TV | 312 | 1312 | TLC | 433 | 1433 | BBC America# |
| 82 | 1082 | QVC | 313 | 1313 | GAC (Great American Country) | 434 | 1434 | OWN |
| 90 | 1090 | EWTN | 314 | 1314 | History Channel | 436 | 1436 | Grit |
| 91 | 1091 | Inspiration Network* | 315 | 1315 | Viceland (H2) | 437 | 1437 | CourtTV |
| 92 | 1092 | TBN (Trinity Broadcast Network) | 316 | 1316 | American Heroes | 435 | 1435 | Hallmark Drama |
| 93 | 1093 | UP* | 317 | 1317 | Military History Channel* | 504 | 1504 | TV One |
| 94 | 1094 | The Word Network* | | | | 506 | 1506 | Bounce |
| 95 | 1095 | SonLife | 318 | 1318 | Nat Geo | 507 | 1507 | Laff |
| 96 | 1096 | Daystar | 319 | 1319 | Nat Geo WILD | 508 | 1508 | Escape |
| 101 | 1101 | The Weather Channel | 320 | 1320 | PETS.TV | 600 | 1600 | ESPN |
| 102 | 1102 | C-SPAN | 321 | 1321 | Destination America | 601 | 1601 | ESPN2 |
| 103 | 1103 | C-SPAN 2 | 322 | 1322 | Travel Channel | 602 | 1602 | ESPNU |
| 104 | 1104 | C-SPAN 3 | 323 | 1323 | MY DESTINATION.TV | 603 | 1603 | ESPNews |
| 105 | 1105 | CNN | 324 | 1324 | NBC Universo | 605 | 1605 | Golf Channel |
| 106 | 1106 | HLN (Headline News) | 400 | 1400 | GSN (Game Show Network) | 606 | 1606 | NBC Sports |
| 107 | 1107 | CNN International* | 401 | 1401 | E! Entertainment | 607 | 1607 | NFL Network |
| 108 | 1108 | CNBC | 402 | 1402 | ES.TV | 608 | 1608 | Outdoor Channel |
| 109 | 1109 | MSNBC | 403 | 1403 | Bravo | 609 | 1609 | Outside TV |
| 110 | 1110 | FOX Business Network | 404 | 1404 | A&E | 610 | 1610 | SEC Network |
| 111 | 1111 | FOX News | 405 | 1405 | AWE | 611 | 1611 | SEC Network ALT |
| 113 | 1113 | One America News | 406 | 1406 | CARS.TV | 612 | | Velocity HD† |
| 114 | 1114 | BBC World News# | 408 | 1408 | Crime & Investigation* | 613 | 1613 | Fox Sports 1 |
| 115 | 1115 | CNBC World* | 409 | 1409 | Justice Central | 614 | 1614 | Fox Sports 2 |
| 120 | 1120 | Bloomberg | 410 | 1410 | SyFy | 615 | 1615 | Fox Sports Midwest |
| 200 | 1200 | Boomerang* | 412 | 1412 | COMEDY.TV | 616 | 1616 | Fox Sports Midwest Plus |
| 201 | 1201 | Cartoon Network | 413 | 1413 | AMC# | 617 | 1617 | Fox Sports North |
| 202 | 1202 | Disney Channel | 414 | 1414 | FX Movie Channel | 618 | 1618 | Fox Sports North ALT |
| 203 | 1203 | Disney Jr. | 415 | 1415 | FX Network | 619 | 1619 | Big Ten Network |
| 204 | 1204 | Disney XD | 416 | 1416 | FXX | 620 | 1620 | Big Ten Alt 1 |
| 205 | 1205 | Duck TV | 417 | 1417 | Hallmark Channel | 621 | 1621 | Big Ten Alt 2 |
| 206 | 1206 | Cowboy Channel (Family Net) | 418 | 1418 | Hallmark Movies & Mysteries | 622 | 1622 | FOX College Sports* |
| 209 | 1209 | RFD TV | | | | 623 | 1623 | NBC Sports Chicago |
| 210 | 1210 | Freeform (ABC Family) | 419 | 1419 | Lifetime Movie Network | 624 | 1624 | NBC Sports Chicago+ |
| 300 | 1300 | Animal Planet | 420 | 1420 | Lifetime Real Women* | 625 | 1625 | Olympic Channel |
| 301 | 1301 | Discovery Channel | 421 | 1421 | Lifetime | 626 | 1626 | CBS Sports Network |
| 302 | 1302 | Discovery Family (The Hub) | 422 | 1422 | Oxygen | 630 | 1630 | Tennis Channel |
| 303 | 1303 | Discovery Life | 424 | 1424 | TBS | 631 | 1631 | Pursuit |
| 304 | 1304 | Investigation Discovery | 425 | 1425 | TNT | 632 | 1632 | Fantasy Sports |
| 305 | 1305 | Discovery Science | 426 | 1426 | Tru TV | 633 | 1633 | Fight Network |
| 306 | 1306 | Food Network | 427 | 1427 | TCM (Turner Classic Movies) | 635 | 1635 | ACCN |
| 307 | 1307 | Cooking Channel | 428 | 1428 | USA | | | |
| 308 | 1308 | RECIPE.TV | 429 | 1429 | WGN America | | | |
| 309 | 1309 | HGTV | 430 | 1430 | IFC# | | | |

Green print indicates watchTVEverywhere is available. | # Indicates Restart TV not Available | * Indicates SD-only channel | † Indicates HD-only channel

Stingray Music Channels are included in the Total Package. Audio Channels will display a picture and information about the song.

| | | | | | | | |
|-----|-----------------------|-----|--------------------|-----|---------------------|-----|--------------------|
| 900 | Adult Alternative | 913 | Jazz Now | 926 | Eclectic Electronic | 939 | Y2K |
| 901 | Classic Rock | 914 | Smooth Jazz | 927 | Maximum Party | 940 | Urban Beats |
| 902 | Rock | 915 | The Blues | 928 | The Chill Lounge | 941 | Hip Hop |
| 903 | Rock Alternative | 916 | Broadway | 929 | Pop Adult | 942 | Classic RnB & Soul |
| 904 | Heavy Metal | 917 | Chamber Music | 930 | The Light | 943 | Soul Storm |
| 905 | Alt Rock Classics | 918 | Classic Masters | 931 | Jammin | 944 | Latino Tropical |
| 906 | Country Classics | 919 | Pop Classics | 932 | Gospel | 945 | Today's Latin Pop |
| 907 | Alt Country/Americana | 920 | The SPA | 933 | Holiday Hits | 946 | Latino Urbana |
| 908 | Hot Country | 921 | Kids' Stuff | 934 | Groove Disco & Funk | 947 | Retro Latino |
| 909 | No Fences | 922 | Dance Clubbin' | 935 | Flashback 70's | 948 | Romance Latino |
| 910 | Bluegrass | 923 | Easy Listening | 936 | Everything 80's | 949 | Rock en Español |
| 911 | Folk Roots | 924 | Swinging Standards | 937 | Nothin' But 90's | | |
| 912 | Jazz Masters | 925 | Hit List | 938 | Jukebox Oldies | | |

Additional Features

- Pause Live TV \$1.95/Set-Top Box/mo.
- Whole Home DVR Service: 100 hours \$12.95/mo. | 200 hours \$18.95/mo. | 300 hours \$24.95/mo.
- Restart TV is available at no additional charge on all channels except those marked with a # symbol.
- watchTVEverywhere is available on all channels listed in green print on this guide. There is no additional charge for the watchTVEverywhere feature, but it does require an Internet connection and data charges may apply.

2019 Residential rates are listed. Call for business pricing. Channels and pricing subject to change.

GRM Networks® is an equal opportunity provider and employer. GRM Networks® es un proveedor y empleador que ofrece igualdad de oportunidades.